To Our Valued Customers:

The Safety and well-being of all of our families and friends in the communities we serve have always been our top priority. Never has that duty to serve been clearer than it is now. That is why we are making changes to many of our procedures to employ stringent cleaning and safety practices to support the health and wellness of our patients and employees. We're calling this the MyHeartCheck Promise. Our MyHeartCheck Promise includes using anti-microbial treatments and disinfectants, cleaning our equipment and testing area between each appointment, limiting the number of people, and changing our scheduling and testing process to promote personal space.

Collectively, at MyHeartCheck, we consider our work to be more of a calling. This current challenge is unlike any we've faced before. Cardiac experts are also coming to believe the COVID-19 virus can infect the heart muscle. An initial study found cardiac damage in as many as 1 in 5 patients (20%), leading to heart failure and death even among those who show no signs of respiratory distress. We will approach it as we have many other challenges and are determined to provide our patients with the utmost care. We are resilient and will get through this together.

Like you, we feel extreme gratitude for those who are serving on the frontlines of this pandemic, many who work for MyHeartCheck on a regular basis. And from our medical team to our back offices, we share immense pride in the service we’re providing to our patients. Our sense of responsibility cannot be overstated. We are committed to continuing to save lives through our comprehensive heart assessments into the future.

We are here to help you with the same warmth, care, and reliability you’ve come to expect from us—today and every day. We look forward to taking care of your kid’s hearts at an event near you soon.

Stay Strong,

The MyHeartCheck Team
PURPOSE - This document provides how MyHeartCheck has prepared to resume testing after COVID-19, whose incidence in humans has the potential to pose a significant public health threat and danger of infection to our patients and staff. This document contains recommendations that may not be applicable to all types of facilities we work within.

GOAL - To protect our patients, families, and staff from harm resulting from exposure to an emergent infectious disease while they are in our care.

As we begin to emerge from the threat of the spread of coronavirus (COVID-19), MyHeartCheck will implement a phased approach to resume testing. The following is how we will protect our patients:

- Clean surfaces that are frequently touched including equipment and shared surfaces, electronics, and doorknobs.
- Encourage staff and community members to protect their personal health by wearing barrier masks whenever out in the community. These barrier masks should be changed or laundered daily.
- Continue to encourage frequent hand washing, recommend refraining from touching faces, and continue to practice special distancing when possible.
- Post the signs and symptoms of COVID-19: fever, cough, shortness of breath
- Continue to encourage high-risk residents, e.g. those with immune disorders, elderly, to continue to ‘stay at home’ as much as possible.
- Stay up to date on developments in our community and follow their guidelines.
- Inform people who might have been exposed if a case is identified.
- Continue to encourage employees to monitor their symptoms and stay at home if they are sick.

Our Phased Approach to Restart Testing

- Require completion of the COVID-19 Screening form.
- Require temperature checks before entering testing area.
- Require masks to be worn by everyone while in testing area.
- Lengthen appointment times to reduce the number of people in the testing area.
- Limit the number of family members allowed in the testing area.
- Limit the time spent waiting between test stations.
- Encourage social distancing.
- Encourage the wearing of masks by our patients.
It is important to follow specific facility/site-local infection control protocols, the information below does not supersede or replace health care facility infection control protocols.

1. Does MyHeartCheck have a policy on cleaning and disinfection?

Yes, MyHeartCheck follows the [CDC Guideline](https://www.cdc.gov) for Disinfection and Sterilization in Healthcare Facilities, 2008 Update: May 2019

2. What does MyHeartCheck mean when it says it has evaluated cleaning agents?

Cleaning agents used by MyHeartCheck are those for which are known to be safe for our patients while effectively aiding to safely disinfect, deodorize, and clean without damage our equipment after repeated cleanings.

3. Has MyHeartCheck evaluated cleaning agents for effectiveness for SARS-CoV-2?

MyHeartCheck has not tested any cleaning agents for disinfecting effectiveness against severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), the novel coronavirus that causes COVID-19. We follow the U.S. Environmental Protection Agency (EPA) guidelines and list of disinfectants that claim to be effective for use against SARS-CoV-2. MyHeartCheck has cross-referenced the disinfectants from the EPA list with the cleaning agents we use within our clinic setting. MyHeartCheck staff follows instructions provided by the cleaning agent manufacturer when using those disinfectants to clean our equipment and clinic area.

5. Where should I go for more information related to cleaning and disinfection for SARS-CoV-2?

The situation regarding SARS-CoV-2 and COVID-19 is rapidly evolving. New information is being gathered daily.

This document contains general policy elements that are intentionally broad. It is not comprehensive and does not constitute medical or legal advice. The local, state and federal health authorities will be the source of the latest information and most up to date guidance on prevention, case definition, surveillance, treatment, and company response related to a specific disease threat.